



FATE
FIRST AID Training Excellence

BLENDED Combined Emergency First aid at Work and Outdoor first aid

This course is suitable for learners working in an outdoor environment who are required to undertake the role of emergency first aider in the workplace.

Topics include:

Roles and Responsibilities of a First Aider
Incident and Casualty Assessment and Reporting
Outdoor scene survey
First Aid kits and infection control
Emergency equipment - outdoor shelters
Getting help in an outdoors emergency including air, land and sea rescue
CPR and AED (defibrillator)
Drowning
Choking
Dealing with an Unconscious Casualty
Seizures
Anaphylaxis
Asthma
Shock including cold water shock
Minor Injuries including cuts, grazes, splinters
Burns including electrical, UV light and friction (blister) burns
Eye, Ears and Nose injuries
External Bleeding
Extremes of Temperature including hypothermia, frost bite, heat exhaustion, heatstroke and dehydration
Poisoning including blue green algae, giant hogweed
Weil's Disease, Cryptosporidiosis, E.coli 0157
Animal and insect bites and stings (including ticks and Lyme Disease, jellyfish, sea urchins and snakes)

Duration: 2.5-3.5 hours

Assessment*: Knowledge checks after each section of the course and an end of course multiple choice assessment

Certification: On successful completion, learners can download a certificate as evidence that they have passed the course

ELEARNING FEATURES

- Our online module appeals to all learning styles with interactive quizzes, video and audio features
- It allows you to work at your own pace, testing your knowledge as you progress through the course
- It provides a very thorough resource for those with English as a Second Language, giving you the vocabulary, language skills and confidence to pass the practical course.